



SCERT NEWS LETTER

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Vol. VII Issue No.8 AUGUST 2020 SCERT MIZORAM (Private Circulation)

Lalngaizuali Ralte
Editor



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Editorial

Hun hman that

Khawvela mi zawngzawngte hian hun hi a in ang vek, a inzat vek kan nei a, kan hmandan erawh chu a in ang lo thei em em a ni.

Mi thenkhat chuan midangte hun tam tak an hmang a, mite tan inpe ral raih chungin an hlim em em thin a ni. Thenkhat ve thung chuan anmahni tan, anmahni nawmsak nan chauh hmangral vekin an duhtusam ang hmu chuang lovin chuan an borol zui ve leh mai bawk a.

Eng anga hun hman hi nge tha ber tih hi mahni kan in zawh fo hi a tul khawp mai. Thenkhat chu mahni pawh inngaihtuah lo, midang pawh ngaisak chuang lo, mahnia awm mawl ve tawp pawh an awm tho bawk.

Bible-a kan hmuh suam-hmang tawh Puithiam Levia chite khan "Hemi ka tanpui hian engnge hlawkna ka hmuh let ang?" an ti anih hmel a. Samari mi tha kha chuan "Hemi hi ka tanpui loh chuan engtingge a awm zui zel ang?" tiin a theih tawpin a tanpuia a chhawmdawl zui ta anih kha.

Kan zavain hun inzat darkar 24 theuh kan neih hi engtingge kan hman hlawm le? I hun i hmang tha em?

TEACHER EDUCATION

Kumin 2020 Academic Session chu Covid-19 hri lengin rokhawlhna hrang hrang a siam a, kan nitin khawsaknaah a theih ang anga in siamrem a ngai a, zirna kawngah phei chuan insiamrem a ngai nasa leh zual a ni. Hetiang anih avang hian SCERT chuan Elementary syllabus te siam remin kumin atan Reduced Syllabus te duang chhuak a, Sikul kal theih anih loh avangin 4-Week Alternative Calendar te pawh tum hnih lai a siamchhuak tawh nghe nghe a ni. Hengte bakah hian kumin a tan D.El.Ed 1st leh 3rd Semester Syllabus bik chu tih tlem a ni. An course in zirchhuah pui a tum ti bahlah si lovin siam danglam a ni.

Kan Director leh DIET Principal te n zoom meeting hmanga an lo reltawh angin August ni 5-6 ah khan SCERT-ah workshop koh a ni a. DIET Aizawl, Kolasib, Mamit leh Serchhip atanga lo kal lecturer ten reduced syllabus chu an siam a, chu chu DIET tinah thawn a ni a, an pawm vek hnuah tun kum atan bika D.El.Ed 1st leh 3rd Semester reduced syllabus chu duan fel a ni.

Diploma in Early Childhood Education (DECE) pawh kan hun tawnin a zir loh avangin distance online mode in chhunzawm zel a ni a, 1st phase atana Unit pathum - ECE: A Perspective, Child Development leh Methods and Materials for ECE Programme paper te atangin assignment vawi hnih pek an ni tawh a, tunah hian an assignment pathumna atan DECE syllabus a suggested readings zingami, Toto Chan- The Little Girl by the Window tih lehkhabu chu hawhtir mek an ni a, hemi lehkhabu atang hian zawhna chhan tur paruk siam a ni a, September thla chhunga submit leh tur a ni.

NCERT in Pre-school Curriculum August 29th, 2019-a publish chu Mizoramah kan lo hman tangkai leh zual theih nan Mizo tawnga lehlin mek a ni.

D.El.Ed academic session thar (2020-22) atan August ni 17- 28 hun chhungin sorkar phalna angin online application hawn a ni, DIET tinah application hi thehluh theih a ni a, DIET tin tana form thehluhna tur link hi SCERT website-ah dah niin diltu thahnem tak an awm a ni. District wise a application lut zat chu hetiang hi a ni

Aizawl	-	676	Lunglei	-	321
Champhai	-	104	Saiha	-	170
Kolasib	-	133	Lawngtlai	-	261
Serchhip	-	88	Mamit	-	120

Total - 1873

ACTIVITIES DURING THE MONTH**NATIONAL CONFERENCE ON ECCE**

NCERT chuan National Conference on Early Childhood Education chu March thla chhunga NCERT, New Delhi-a neih tura tih chu Covid-19 hri leng vangin sawn hlat tawh chu July ni 15-17, 2020 chhung khan Online mode-in Google Meet hmangin a buatsaih a. SCERT Mizoram atangin A STUDY OF PRE-SCHOOL SECTION IN PRIVATE ENGLISH MEDIUM SCHOOLS IN AIZAWL tih report chu pawm niin Conference-ah hian Pi Ruth Rosangpuii, Lecturer-in paper a present a ni. He conference-ah hian State 19 atangin an tel - Sikkim, Delhi, Manipur, Madhya Pradesh, Tamil Nadu, Mizoram, Kerala, Assam, Karnataka, Maharashtra, Telangana, Andhra Pradesh, Rajasthan, Jammu, Meghalaya, Uttar Pradesh, Himachal Pradesh, Haryana leh Nagaland te an ni. USA leh Germany atangin paper present an awm bawk a, National Institute of Planning and Administration (NIEPA), Save the Children, Azim Premji Foundation, Ambedkar University leh Jamia Millia Islamia atangin representative an rawn tel bawk a ni.

TEXTBOOK CELL

Workshop to Develop E-Content for Class V-VIII Mizo Textbooks and Classes VI-VIII Hindi Textbook during 17th - 28th August, 2020 in the SCERT Computer Lab

<i>Name of Participants</i>	<i>Name of Insitution</i>
1) <i>Pi R. Lalthlamuani</i>	<i>Mizoram Hindi Training College</i>
2) <i>Dr. Lalrinkimi</i>	<i>Govt. Aizawl College</i>
3) <i>Dr. Jennie Malsawmdawngkimi</i>	<i>Mizoram Hindi Training College</i>
4) <i>Pu Arjun Kumar Joshi</i>	<i>Mary Mount School, Aizawl</i>
5) <i>Pu Lalzarzova Khiangte</i>	<i>Govt. Bungkawn Middle School</i>
6) <i>Pu Miltona Teacher</i>	<i>Lailak UPS</i>
7) <i>Pi Malsawmdawngkimi</i>	<i>MICE (Middle Section)</i>
8) <i>Pi Lalnunpari</i>	<i>Govt. Bethlehem Vengthlang P/S</i>
9) <i>Pu Lalruatfela</i>	<i>Govt. Bethlehem P/S</i>
10) <i>Pi Lalnunsiami</i>	<i>SCERT</i>
11) <i>Pi Lalremmawii</i>	<i>SCERT</i>
12) <i>Pi Esther Lalnunpuii</i>	<i>SCERT</i>

POPULATION EDUCATION

Online Capacity Building for State Resource Person on Health and Wellness in Schools under Ayushman Bharat with effect from 25th - 28th August, 2020 at SCERT.

List of Participants :

1. <i>Pi Laldampuii Project Coordinator</i>	6. <i>Pi Baby Lalrindiki DIET Champhai</i>
2. <i>Pi Zozikpuii Lecturer, SCERT</i>	7. <i>Pi Vanzama DIET Siaha</i>
3. <i>Pi Vanlalruati Lecturer, SCERT</i>	8. <i>Pu Sahlo Bohlia DIET Siaha</i>
4. <i>Pi Lalremmawii ASEO, SCERT</i>	9. <i>Pu K. Malsawmhlua DIET Mamit</i>
5. <i>Pu R. Lalsawmliana DIET Champhai</i>	10. <i>Pu Zirtluanga DIET Mamit</i>

SPECIAL EDUCATION CELL

- National Webinar Session on Learning and Innovations for Inclusive Education chu Ali Yavar Jung National Institute of Speech and Hearing Disabilities (AYJNISHD) Mumbai te buatsaihin August 3rd - 8th, 2020 chhung khan neih a ni a, he programme hi Special EducationCell hnuaia Lecturer te leh Mizoram chhunga Rualbanlo te enkawlna lama mithiam bik 20 thlanchhuah te tana buatsaih a ni a. He programme chhimtu zawng zawng te hian hlawkthlak an ti hle a ni.*

**TUTORIAL CLASSES FOR
ELEMENTARY & SECONDARY SCHOOL STUDENTS**

ZONET : 2:00 PM, DDK : 3:05 PM, LPS : 4:00 PM

DATE	SUBJECT	TOPIC
3.08.2020	Class IX (English)	Eldorado(Course Book Lesson 4)
4.08.2020	Class IX & X (English)	Tense Part 1 (Grammar)
5.08.2020	Class IX (Physics)	Energy- Interconvertible (Chapter 4)
6.08.2020	Class XII (Physics)	Electric Charges & Fields Part 1
7.08.2020	Class XII (Physics)	Electric Charges & Fields Part 2
8.08.2020	Class IX (Mathematics)	Ratio & Proportion (Chapter 4)
10.08.2020	Class X (Chemistry)	Physical Properties of Metals Chemical Properties of Metals
11.08.2020	Class X (Chemistry)	Reactivity Series of Metals Corrosion
12.08.2020	Class X (Chemistry)	Reaction between Metals & Non-Metals
13.08.2020	Class X (Chemistry)	Properties of Ionic Compounds
14.08.2020	Class X (Chemistry)	Occurrence of Metals
15.08.2020	Class X (Chemistry)	Bonding of Carbon
17.08.2020	Class XII (Math)	Vectors - Definition, Types, Position Components, Direction Cosines 7Dr's
18.08.2020	Class XII (Physics)	Electric Potential
19.08.2020	Class IX & X (English)	Tense Part 2
20.08.2020	Class IX (Math)	Lines and Angles
21.08.2020	Class IX (Physics)	Motion & Work
22.08.2020	Class IX (English)	Let's go home
24.08.2020	Class X (Biology)	Human Brain; Response to stimulus in plants
25.08.2020	Class X (Biology)	Endocrine system; Asexual modes of reproduce
26.08.2020	Class X (Biology)	Vegetative propagation Sexual reproduction in plants
27.08.2020	Class X (Biology)	Human reproductive system Heredity
28.08.2020	Class X (Biology)	Chromosomes and genes Variation and specification
29.08.2020	Class X (Biology)	Evidences of evolution, Theories of evolution

**MOVING FORWARD
BLIND SCHOOLS
IN MIZORAM**

Even without sight
there is still vision

If everyone is moving forward together,
then success take care of itself.
- Henry Ford

Author - Vanlaldiki Sailo

Vanlaldiki Sailo

LEHKHABU THAR

*Kan Joint Director Pi Vanlaldiki
Sailo chuan 'MOVING FORWARD' tih
lehkhabu Mittel te chanchin, an harsatna
leh an hmasawwna chung chang chhuina bu
a ziah chu tihchhuah mai tura peih fel a ni
ta.*

*Hetieng lam lehkhabu mizo tawng
kan neih tlem te zing ami niin lehkhabu hlu
tak leh Rualbanlo te leh Rualbanlo chungte
tan pawha chhenfakawm tak tur a ni.*

RILRU SUKTHLEK TIH DANGLAMNA

Vanlalruati

Child Rights Protection Cell

Chhonzawmna/-....

Engyangin nge Anxiety a lo awm ? : Rilru lam Doctor (Psychiatrist) Dr. Lalhriatpuia chuan hetiang hian Anxiety awm chhan a sawifiah. 'Hei vang hi anih hi han tih chat tur awm lo mahse, zirna hrang hrang atang mithiamten a awm chhan bera an puh chu thluaka hriatna thazama chemicals chi hrang hrang in tam hleih, in balance loh vang a ngaih a ni. He an in balance loh chhan chu inthlahchhawnaa kan gene fuh tawh loh vang te, kan thluak than laia taksa leh rilru lama harsatna kan tawh vangte in a awm thei. Chutiang bawkin kan damdawi hman te pawh heng chemicals te a tul azira ti tlema ti tam thei te an ni. Hei hian natna lang chhuak nghal siam lo mahse, hringnuna harsatna tawh hun a lo awmin kan thluak hian nasa zawkin hnathawh a ngai a, thluak chak lo sa chuan zo lovin rilru natna a kai tho thin a ni.

Enkawh theih a ni : He natna hi mitin chungah a thleng thei vek a, mi thenkhat chuan a enkawhna damdawi a awm tih an hre lo a, rei deuh tak miin a lo tuar tawh anih chuan enkawh hun chhung erawh a rei deuh dawn a ni.

Psychiatrist : Rilru lam zirni Doctor an nih mai bakah damdawi an chawh thin a, thluaka chemical in balance lo siam rem thei damdawi an chawh thin. Damdawi ei chung hi a chang chuan a rei deuh hlek thei a ni. Hetiang hunah hian pan hreh/rawn hreh hauh loh tur an ni a, tunlai boruakah phei chuan vanneithlak takin sorkarin rilru lam thiam Psychiatrist leh Psychologist biak pawh theihna number a tarchhuak nghe nghe ani. Enkawhna dawn that chuan rilru sukthlek leh awmdan thui takin a danglam thei a ni.

Clinical Psychologist : An ni ho hi rilru sukthlek tih danglamna kawngah an thiamna hi a pawimawh em em a, Rilru lam natna/harsatna nei te enkawhlu an ni a, Psychiatrist te angin damdawi chawh ve lo mahse hetiang rilru lama harsatna tawkte hi an harsatna sutkian pui turin an kawm thin a ni. Test chi hrang hrang hmangin rilru lama harsatna nei te chu an finfiah (diagnosis) thei dawn ani. Chutiang rilru lama harsatna nei te enkawhna an pek chu 'Therapy tiin an sawi thin a, rilru sukthlek leh ngaihndan te, harsatna leh manganna sut kian anih theih nan an thiamna te hi hman tangkai a pawimawh em em a, heng mite hi rawn theih an ni tih kan hriat tel a tul.

Mi thenkhat chu thawchham dawn, thi dawn leh thawk hnawh tlat te, mangang leh zamin an awm a, damdawiinah te an han kalpui a, reh leh nghal thuai mai te an awm thei a ni. Hetiang ang taka hreawm harsatna hi miin rilru lamah a tawh theih avang hian nu leh pa, zirtirtute leh chhungkua te pawhin kan tu leh fate leh kan chenpui te kan chik peih leh ngaihven hi a tul em em a ni. He natna hi tute chungah pawh a thleng thei a, zah a lak chi a ni lo a, tanpuina dawng ngei thei tura tan lak erawh a tul hle a ni. A tawp berah chuan hringnun hi chona (challenges) in a khat a, hmachhawn thiam thei turin kan in buatsaih tur ani tih hi kan sawi uar a tul.

Website updated during August

- Reduced Syllabus for elementary Schools in Mizoram : <https://scert.mizoram.gov.in/post/reduced-syllabus-for-elementary-schools-in-mizoram>
- Notification for Price of Textbooks and name of Printers : <https://scert.mizoram.gov.in/post/notification-for-price-of-textbooks-and-name-of-printers>
- Application form for D.El.Ed. Course 2020-22 : <https://scert.mizoram.gov.in/post/application-form-for-deled-course-2020-2022>
- Essay Writing Competition for Secondary Stage and Higher Secondary Stage : <https://scert.mizoram.gov.in/post/essay-competition>

NCERT leh mygov.in tangkawp chuan Independence Day Online Essay Writing Competition for Secondary & Higher Secondary naupang te tan a buatsaihah Mizoram atangin naupang 58-in Essay an submit. Heng essay te hi SCERT-a Team of Experts ten endikin a tha zual 10 chu NCERT-ah an thawn a, heng Essay te hi NCERT in an endik leh dawn a ni.