



# SCERT NEWS LETTER



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## ‘VOICES OF ADOLESCENTS’ TLANGZARH

Tunlai khawvelah tleirawlte’n harsatna tam tak an tawk a, anmahni maiin an chingfel thei lo va. Nu leh pa tam takin kan hriat thiampui tawk loh avangin tam tak chuan nu leh pate leh mi dangte hnenah pawh thlen chuang lo leh puitu pawh zawng chuang lovin an tuar ngat ngat mai a ni. Chutiang chu a nih avangin anxiety leh stress kan tih te bakah depression thlengin an lo neih phah thin a, a paw em em a ni. Hemi hre reng hian Population Education Cell, SCERT chuan high school zirlaite hnenah Question Box Activity hmangin zawhna leh harsatna an neih te la khawmin, chung zawhna te chu a chhâna buatsaih niin, tleirawlte zawhna leh chhâna te chu lehkhahu a buatsaih a ni ta a ni. Tichuan **“Zawhna min Zawta”** tih lehkhahu hi a lo piang chhuak ta a ni.

He lehkhahu hi SCERT, Population Education Cell leh pawn lam atanga mi thiam te :  
1) Rev. Lalrinsanga, Ramhlun Vengthar Pastorate 2) Dr. Chawnglungmuana, Shalom, Mizoram, 3) Prof. Zothanzami. Deptt. of Psychology, Govt. Hrangbana College 4) Dr. Samuel Lalzarlawma Sailo, Superintendent, Sirius Home te ho tangkawpa buatsaih niin a chhungah hian nu leh pa leh tleirawl te tana tangkai tak tak tur—a) Adolescent issues b) Physical Health c) Sexual and reproductive health d) Alcohol, tobacco & drug issues e) About family and God f) Mental health issues te dah a ni a. Thalai te leh nu leh pa ten an tangkaipui ngei tura beisei a ni

Project Progress Review Meeting Ayodhya a ni 15–17 March 2026 a neih ah Prof. Dinesh Prasad Saklani, Director, NCERT chuan a tlangzarh a ni. He Meeting leh Tlangzarhnaah hian SCERT atangin Pi Laldampuii, Project Coordinator leh Pi Zozikpuii, Lecturer te an zuk tel a ni.



## ACTIVITIES DURING THE MONTH

1. Workshop to finalize story board and script for selected stories of Middle School Story writing competition was held during 16th-20th March, 2026 at the Seminar Hall of SCERT.
2. A workshop to revise and edit Citizen's Charter, SCERT was held on 24th March, 2026
3. A Workshop to incorporate relevant recommendations of NEP 2020 into MTET Syllabus as proposed by MBSE was held on 27th March, 2026
4. Workshop to analyze and tabulate SAFES data and prepare report for SAFES 2026 was held during 23rd March to 2nd April 2026 in the Seminar Hall of SCERT.

### 1-Day Sensitization Programme on Early Identification and Intervention on Areas of Different Disabilities

Ni 17 March 2026 khan ni hnih chung awh **"Early, Identification and Intervention on Areas of Different Disabilities for Sunday School Teachers (Beginner Department) of Aizawl City Area"** chu SCERT Auditorium-ah Pi Caroline Zoramthangi Director, SCERT chuan hawnna hun hmanpuiin kal khawmte hmaah thuchah pawimawh tak a sawi a ni. He hunah hian Kohhran pawl hrang hrang atangin he hun pawimawh taka tel tur hian mi thahnem tak an lo kal thei a ni. Rualbanlohna hrang hrang leh a enkawl dan te mithiam hnen atanga ngaihthlak a ni.



**Academic Task Force for Nipun Bharat** member te chu 19th February 2026 khan SCERT Seminar Room-ah meeting neih a ni a. He meeting ah hian FLS 2026 chungchang bakah Foundational Stage-a hmasawnna a awm theihna turin sorkarah thurawn pawimawh tak tak te an thlen a ni.



### SAFES 2026 ZAWH A NI TA

SAFES 2026 chu hlawhtling taka zawh fel a ni ta a, Report buatsaihna neih mek niin April, 2026 thla chhunga peihfel tum a ni.

### PARENTS DAY HMANPUI

Govt Chanmari Model Primary School ten March ni 30, 2026-a Parents Day an hmannaah SCERT an rawn sawm a, Pi Cecillia K. Lalremruati, Dy. Director chuan New Textbook leh ECCE chungchang sawiin hun a hmanpui.



### MTET SYLLABUS

MBSE rawtna angin Mizoram Teacher Eligibility Test (MTET) syllabus chu 27th March khan revision workshop koh a ni a, hetah hian NEP recommendation zirtirtuten an hriattur pawimawh tak takte chu syllabus-ah bilh luh tum a ni a. He revised syllabus hi 2027 MTET Examination atanga hman tan tur a ni ang.



## B.ED Special Education Annual Sports neih a ni

B.Ed Special Education Annual Sports chu March Ni 09 - 10, 2026 chhung khan neih a ni. Annual Sports hawnna hi March Ni 9, 2026 khan Electric Veng Indoor Stadium ah Pi Lalnunsiami, Deputy Director in hawnna hun a hmanga, Pu Rorelkima, Coordinator chuan tawngtaina hun hmangin Kum 2026 B.Ed Special Education Annual Sports intihsiakna neih tan a ni. B.Ed annual sports hi House pahni(2) White House leh Black House-ah in thenin B.Ed Special Education 2<sup>nd</sup> Semester leh 4<sup>th</sup> Semester te chuan Item chi hrang hrang- Volley Ball, Blind Penalty, Basket Ball, Free throw, Futsal, Poison Ball, Three Legged Race, Dirt Throw, Tug of War-ah te inelna neiin a pumpuiah Black House an chak.



B.Ed Special Education Annual Sports hi Ni 1.4.2026 chawhnu dar 1:00 khan Auditorium ah kharna hun hman a ni a, he hunah hian Pi Caroline Zoramthangi, Director, SCERT leh Pi Zoramthangi Ralte, Joint Director, SCERT te chuan lawmman semna neiin hun an hmanpui a ni.



## PENSION THLAH

Ni 27 March, 2026 khan kan thawhpui Pu TC. Zomawia, Driver, Special Grade chu SCERT Auditorium-ah Director, SCERT hovin thlahna neih a ni. Pu TC. Zomawia hi ni 30 July 1992 khahn DIET, Aizawlah Driver atan lak a ni a, ni 20 July, 1994 khan SCERT-ah Driver atan lak a ni leh a, Ni 21 July, 1999 khan Driver Grade-II ah a kaisang a, Ni 21 July, 2009 khan Driver Grade-I ah a kaisang leh a, ni 21 July, 2019 khan Driver Special Grade-ah kaisang lehin he hna hi a pension thlengin a chelh a. Ni 27 March, 2026-ah Superannuation Pension-in kan thlah ta a ni.



## SPECIAL LECTURE

Dr. Ruth Rosangpuii Lecturer, SCERT chuan ICFAI University-in an rawn dil angin Special Lecture-in ECCE chu ni 13 Feb 2026 khan a han nei a, zirlaiten an hlawkpui hle.

## TOUR

1. Lalrindiki, Lecturer attended National Consultation Meet on "Integration and Implementation of ESD and GCED in Schools" organized by Planning and Monitoring Division (PMD), NCERT, New Delhi at Pune from 10th—11th March, 2026.
2. Pi Cecillia K. Lalremruati, Dy. Director and Pi Lalremmawii, ASEAO attended vetting of FLS Questions, 2026 at IIT, New Delhi during 17th– 20th, March, 2026
3. Pi Laldampuii, Project Coordinator and Pi Zozikpuii Lecturer attended Project Progress Review Meeting at Ayodhya, Uttar Pradesh during 13th—19th March, 2026

## Programmes at the District level during the Month

### DIET CHAMPHAI:

| Sl. No | Name of Programme                                                   | Duration      | No of Participant |
|--------|---------------------------------------------------------------------|---------------|-------------------|
| 1      | Essay Writing Competition for PSTE Trainees (II & IV Sem)           | 24.03.2026    | 97                |
| 2      | PSTE Trainees (II Sem) Visit Archaeological Site, Champhai District | 25–27.03.2026 | 44                |

### DIET SERCHHIP:

|    |                                                                         |            |    |
|----|-------------------------------------------------------------------------|------------|----|
| 1. | Concept map on Health and Education by 2nd Semester (D.El.Ed. Students) | 02.03.2026 | 49 |
| 2. | Teaching Learning Material                                              | 05.03.2026 | 97 |
| 3. | Mizoram College and University Level “Waste to Wealth” Exhibition       | 02.03.2026 | 3  |

### DIET MAMIT:

|    |                                                      |            |     |
|----|------------------------------------------------------|------------|-----|
| 1. | Cleanliness Drive for D.El.Ed. Students (Youth Club) | 12.03.2026 | 110 |
|----|------------------------------------------------------|------------|-----|

### DIET LAWNGTLAI:

|    |                                                                                                                             |            |     |
|----|-----------------------------------------------------------------------------------------------------------------------------|------------|-----|
| 1. | Repairing and Weeding Plantation during Green Mizoram Week, 2026                                                            | 09.03.2026 | 115 |
| 2. | Consultation Meeting of Post PARAKH 2024 Intervention & Adult Education on NEP 2020 for NGOs                                | 11.03.2026 | 57  |
| 3. | Trainees performed at Chapchar Kut 2026 programme at Deputy Commissioner Ground                                             | 13.03.2026 | 50  |
| 4. | Trainees participated in a Tobacco Awareness Campaign held by National Tobacco Control Programme, Lawngtlai District        | 17.03.2026 | 105 |
| 5. | Organised Cleanliness Drive at LCMC Hospital and District Hospital, Lawngtlai                                               | 18.03.2026 | 110 |
| 6. | 2 Days Training on ECCE Based on NEP 2020 for Anganwadi Workers & Pre-School Teachers, Sangau Block                         | 17.03.2026 | 78  |
| 7. | 2 Days Training on ECCE Based on NEP 2020 for Anganwadi Workers & Pre-School Teachers under Lawngtlai & Bungtlang Districts | 24.03.2026 | 60  |

### DIET AIZAWL :

|    |                                                     |               |               |
|----|-----------------------------------------------------|---------------|---------------|
| 1. | Onsite visit to Lab Area schools within Aizawl City | 23-27.03.2026 | All Faculties |
| 2. | Field trip to Thenzawl for B.Ed. Trainees           | 27.03.2026    | 100           |
| 3. | Field trip to Sialsuk for D.El.Ed. 2nd Semester     | 27.03.2026    | 120           |
| 4. | Field trip to Sialsuk for D.El.Ed. 4th Semester     | 30.03.2026    | 120           |

### DIET KOLASIB:

|    |                                                      |                  |    |
|----|------------------------------------------------------|------------------|----|
| 1. | Student Empowerment programme for D.El.Ed. Students. | 30th March, 2026 | 50 |
|----|------------------------------------------------------|------------------|----|